



Tips for Taking the NCLEX

- Always keep a set of flashcards (whether bought or self-made) on hand in order to make use of traveling/commuting time.

- Set up a feasible study schedule early and plan to stick to it. There is nothing worse than wasting time feeling guilty for not adhering to an impossible schedule. When doing problems, read all of the answers, not just those you get right. This will reinforce your understanding as well as ensure that your original mode of thinking was correct.

- As you go through problems, mark the ones you miss. That way, you will be able to review those questions you had trouble with at a later date.

- Do not plan to spend every free moment studying. You need to reward yourself for your hard work once in a while. Make plans to see a movie with a friend, cook dinner, or take a trip to the gym.

- Bring energy food to the exam. A full day of testing can take a lot out of anyone. Raisins, chocolate and nuts are all great snacks.

- The night before the exam, pull out all of your paperwork and make sure you know where you have to be and at what time. Confirm any lodging and/or travel arrangements you have made.

- Relax. You have studied hard up to the test - passing is just a matter of calming down and facing the exam in an objective manner.

- Make plans to celebrate after your exam - you will have earned it!